



Aiyana Soulcial

13 mins · 🌐 ▼



Hey, Beautiful Beings!

🌟 It's a special time to craft your life the way you wish (it actually started 11:11 at midnight). This time is open until about 9pm MST TONIGHT. How do you this?

🦋 Visualize what you want your life to look like - sun is the limit (all aspects are great - love, home, finance, work, health, friends, family, spirituality [upleveling and expansion]). Take the time to close your eyes and see it in your mind - give yourself TIME to do this

🦋 Feel good about it - no guilt, no shame, no feeling undeserving - you can touch the center of your chest - cleavage area (where your heart chakra lives).

🦋 Thank Divine for it coming true. Say a Compelling Command (i.e. "So be it." ""And so it is." "My word is my bond.")

🦋 Begin the process of forgiving yourself of others. Sit in your Love Forgive OTHERS first - bring them up in your mind and tell them you forgive them. It doesn't have to be specific if you don't want it to be. Forgive YOURSELF next - release yourself from guilt, shame, old stories, punishing yourself for hurting those who aren't around anymore, forgiving yourself for how you think you might have hurt others.

💖 WHY FORGIVENESS? It opens up your energy body to make space for your visualization to come through more potently and quickly with delivery.

Meditation crafted by: Aiyana Soulcial

Sit in your highest vibration and open yourself to reach upward. AND, know that you can enjoy all the awesomeness that is coming your way!